Master of Education

School Guidance & Mental Health Counseling

60 credits • 6 terms full time • Program approved by the Massachusetts Dept. of Elementary & Secondary Education for the preparation of school guidance counselors (PreK-8 or 5-12).

The School Guidance Counseling Program at Cambridge College is awarded **TEAC accreditation** by the Inquiry Brief Commission of the Council for the Accreditation of Educator Preparation (CAEP) for a period of five years, from May 2014-May 2019. The accreditation does not include individual education courses that the EPP offers to P-12 educators for professional development, re-licensure, or other purposes.

School Guidance Counseling and Mental Health Counseling trains professional counselors to work within the school culture and in clinical settings, serving the guidance and mental health needs of PreK-12 students and their families. The program emphasizes the role of the school counselor in reducing barriers in the multicultural 21st century: a group worker skilled in developmental guidance, a broker of educational and community resources, an interpreter of assessment tools, and a consultant to students, parents, and staff. Students are prepared to meet the licensing standards of the Massachusetts Board of Registration of Allied Mental Health Professionals, and of the Department of Elementary and Secondary Education.

MTEL Required — The Mass. Communication and Literacy Test (MTEL) must be passed before a student may enter the School Guidance Counseling program. All new students must register for Mental Health Counseling until they pass.

Learning Outcomes— Students learn about normal and abnormal intellectual, social, and emotional development, dysfunctional behavior and mental illnesses. They learn and apply the principles and best practices of counseling and collaboration within schools and community counseling practice, including:

- Resources and skills for enhancing children's and adolescents' educational and vocational experiences and facilitating their ability to make good use of opportunities.
- Assessment, diagnosis and treatment of learning and behavior disorders and mental illnesses.
- Psychoeducational techniques for prevention and strategies for treatment of substance abuse, physical and sexual abuse, mental illnesses, and violence in PreK-12 students and throughout the lifespan.
- Psychotherapeutic techniques for work with individuals, couples, families and groups.
- Group counseling, leadership and consulting techniques; and school and community resources for referral.

Students gain and apply knowledge of:

- Psychology of learning, curriculum frameworks, student testing.
- Research design and methodology.
- Relevant federal, state, and municipal laws and regulations.

Courses should be taken in sequence. Term 1 courses must be completed before term 2 courses. A maximum of 4 courses can be taken each term.

Term 1

CCP518 Research Design & Evaluation
CCP540 Personality & Counseling Theory
CCP550 Basic Counseling Skills: Rogerian Therapy (includes assessment of preparedness for field experience)
CSG695 Counseling & Consulting Techniques Lab

Guidance Pre-Practicum—75 hours of directed field-based training in conjunction with Term 1 courses (Guidance Internship preq.; 0 credit)

Term 2

CCP630 Human Development Across the Lifespan
CCP650 Group Dynamics/Group Counseling & Human Systems
CSG682 Developmental Group Guidance Laboratory
CCP520 Mental Health Counseling Practicum

Term 3

CSG616 Counseling in the Schools
CCP670 Career Counseling
CCP615 Psychopathology
CCP641 Mental Health Counseling Internship Field Experience II

Term 4

CCP622 Ethics & Professional Issues for School Counselors & Mental Health Practitioners
CCP636 Psychological Testing
CCP700 Mental Health Internship Seminar Field Experience III

Guidance Internship Prerequisites

- *Guidance Internship approval form signed* by program chair or designee.
- Pass all teacher tests required by the state for this license. Massachusetts: Communication & Literacy Test (MTEL)

Term 5

CCP754 Perspectives in Cross-Cultural Counseling
One elective
CSG792 Guidance Internship Fieldwork & Seminar I
for ***PreK-8:*** register for CSG792***E***
for ***5-12:*** register for CSG792***S***

Term 6

CSG613 Counseling College Bound Students (for 5-12)
or elective (for PreK-8)
CSG793 Guidance Internship Fieldwork & Seminar II
for ***PreK-8:*** register for CSG793***E***
for ***5-12:*** register for CSG793***S***

Suggested electives:

CCP561 Counseling Techniques with Multi-Problem Families in Changing Communities
CCP715 Multicultural Counseling: Children, Adolescents in Context
CCP729 Trauma Intervention in Schools
CCP640 Addiction Disorders
CCP606 Family Treatment of Substance Abuse
CCP637 Neurobiology: Basics & Beyond

Continued

(All courses @ 3 credits.)

Continued

School Guidance & Mental Health Counseling

Admission requirements: Bachelor's degree and other School of Psychology & Counseling requirements.

Required to enter program for ESE licensure:

- Massachusetts Educator Personnel ID (MEPID) number
- Pass Massachusetts Communication & Literacy Test (MTEL).
- 3.0 GPA at entry; maintained throughout program.

Non-licensure option: All program components are required except the Communication & Literacy Test (MTEL). Non-licensure students must complete all pre-practicum hours embedded in the courses.

Students who graduate from the non-licensure program will not be endorsed by Cambridge College for initial licensure as a school guidance counselor to the Dept. of Elementary and Secondary Education.

Program sequence may be modified to suit the needs of the cohort.

Program and schedule subject to change.

Program chair: Vita Golub • Vita.Golub@cambridgecollege.edu

Field Experiences

Mental Health Practicum & Internship: CCP520, 641, 700

Includes field experience under a qualified supervisor conforming to Massachusetts regulations 262 CMR. May be individually designed to support licensure requirements. See also program handbook.

In the term *PRIOR* to enrolling in the Guidance field experience students students are responsible for:

- Discussing options for internship with the program chair or regional site director. All school guidance field experience sites *must* be within the state of Massachusetts.
- Submitting Guidance Field Experience Approval form to program chair or designee, with copy of MTEL passing score.

Guidance Internship Fieldwork & Seminar: CSG792-793

Fieldwork is guided and evaluated in the classroom by a guidance counselor licensed in Massachusetts, who meets all state standards; and by a licensed Cambridge College site visiting supervisor. See program handbook.

- 2 terms @300 hours, 600 hours total, in one school setting.
- Internship locations are subject to state regulations and must be approved by the program chair or designee.
- Completed Exit Portfolio required for credit.