Master of Education With Concentration Options

Counseling Psychology

36 credits • 3-4 terms full time

COUNSELING PSYCHOLOGY is a pre-licensure graduate program for students planning to enter the practice of mental health or improve their skills and professional qualifications. The program has a strong commitment to an evolving multicultural society.

Learning Outcomes — Students learn the principles and best practices of counseling including various psychotherapeutic techniques for work with individuals, families and groups; group counseling, and consultation to organizations and communities. They study human development, dysfunctional behavior and mental illness, strategies for prevention and treatment of substance abuse and domestic violence. They become familiar with community resources for referrals. They study research design and methodology. They become familiar with state regulations applicable to mental health practice.

Careers and Further Study — Graduates may qualify for employment or advancement in mental health agencies. They will be eligible to continue study towards mental health licensure at the CAGS level.

Academic Requirements

Counseling Psychology core courses, practicum, field experience . 18
SOPC electives and concentrations. 18
CCP592 SPOC Exit Portfolio. . . . . non-credit
Total 36

Elective Concentrations

Students may choose one or two concentrations to earn additional credentials and knowledge. The program of study may not exceed 36 credits.

- *Addiction Counseling* — **CADAC, LADC**
- *Geriatric Mental Health*
- *Holistic Counseling*
- *Pastoral Counseling*
- *Trauma Studies*

Courses should be taken in sequence. For example, all term 1 courses must be completed before term 2 courses. Select no more than 4 courses each term for a maximum course load of 12 credits.

Term 1

CCP540 Personality & Counseling Theory
CCP550 Basic Counseling Skills: Rogerian Therapy
Two elective or concentration courses.

Term 2

CCP650 Group Dynamics/Group Counseling & Human Systems
CCP520 Counseling Practicum
Two elective or concentration courses.

Term 3

CCP641 Counseling Internship/SAC Field Experience II
Three elective or concentration courses.

Term 4

CCP630 Human Development Across the Lifespan
Select no more than 3 courses to complete your program of study.

Practicum & Internship

The practicum and internship include field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. May be individually designed to support licensure requirements. Further requirements are briefly outlined under each concentration. See also program handbook.

(All courses @ 3 credits.)